

Example Syllabus only

House of Teens Syllabus 2019-2020

**** Curriculum used throughout the year:** Bright Futures, Junior Achievement and Photo Voice

Mondays & Wednesdays: Fitness/ Wellness activities

Tuesdays & Thursdays: College/ Career Development

Fridays (Fun Friday): Youth led activities (a different teen facilitates and activity each week)

Monthly Guests/ Enrichment Activities:

- Monthly visit from CHC on anxiety, depression and any issues regarding mental health
- Weekly Planned Parenthood visits
- College/ Career Readiness 2x a week
- Wellness Wednesdays w/ YWCA Trainer
- Weekly Photovoice
- Monthly or bimonthly visits to CCSU women center

September:

- Participant Recruitment @ New Britain High School & Satellite Careers Academy
- Lesson planning
- Set up and coordinate with guests from Community Health Center (CHC), CCSU, Planned Parenthood (PP), Prudence Crandall, etc.
- Program start date: 9/24/19

October:

***Hispanic Heritage Month!*

***Domestic Violence Awareness Month!*

- Icebreakers, getting to know each other, Teambuilding & pre surveys

- Introduce photo voice and begin brainstorming

-Special Events:

- Foster Farms Trip (10/18/19)
- Lights On Afterschool (10/23/19)
- YWCA Week without Violence
- Walk of No Shame at CCSU
- Monthly CCSU Women Center Visit

-Community Service & Fundraisers:

- Teens provide assistance for Fall Fest set up with Valerie and Cupcake sale
- Coordinate and recruit CCSU tutors and mentors for teens

November

- Special Events:

- Friendsgiving @ Community Center
- Roller Magic Field Trip (11/15/19)
- Hartford Stage for select students only (A Christmas Carol)

-Community Service & Fundraisers:

- Hat & Mitten Drive
- Make holiday wreath for mayor's office

- Monthly Activity Themes:

- **Photo Voice:** Introduction to new program participants & select photo voice theme
- **College/ Career:** Character Development (Identifying skills & values, Strengths)

- Days Off :

- Veterans Day (11/11/19)
- Election Day
- Thanksgiving Break (11/27-11/29)

December

* Early Dismissal (Parent/Teacher Conference) 12/9, 12/10 & 12/11

- Winter Break Off 12/20-12/31

-Community Service/ Fundraisers:

- Donate items from Hat & mitten drive
- Holiday Gift Wrapping
- 5 Below Fundraiser

- Monthly Activity Themes:

- **Photo Voice:** review and select photos
- **College/ Career:** Begin resume building & mock interviews, how to choose a college

January

Start Date→ 1/6/2020

- Flight Trampoline Park Trip (1/17/20)
- Vision Boards, Future Goals (academic & nonacademic)
- End Period Poverty Campaign

- Begin planning annual pasta dinner fundraiser
- **Monthly Activity Themes:**
 - **Photo Voice:** create presentation, begin practicing
 - **College/ Career:** What is your brand/ niche, public speaking, communication

February:

*** Black History Month!*

- No Program on President's Day
 - Galantine's Day Party (2/14/20)
 - Fundraiser: Bake Sale
- SACS guest speaker (Healthy vs. Unhealthy relationships)

- **Monthly Activity Themes:**
 - **Photo Voice:** Practice photo voice presentation, choose audience to present in community
 - **College/ Career:** Job categories, requirement for various fields, Aptitude Test

March

*** Women's History Month!*

- **Special Events:**
 - Annual STRIVE & Teens Sleepover
 - Musical at NBHS
- Fundraisers:**
 - Pasta Luncheon @ YWCA Community Center

Monthly Activity Themes:

- **Photo Voice:** Present to various audiences in New Britain community
- **College/ Career:** College/ Career Jeopardy, job applications, resume, dress code, practice for interviews
- Women's History Activities (Q& A Famous Women Game, Women Silhouette Canvas)

April

***Sexual Assault Awareness Month*

- Annual Career Day Panel
- Assist with college applications
- Assist with preparing for summer job applications
- Spring Break: 4/13- 4/17
- NYC field trip over spring break
- College Campus Tours over break (CCSU, ECSU, UCONN, Southern, CCC)
- Annual Community Center Block Party

Monthly Activity Themes:

- **Photo Voice:** Continue presenting to various audiences in New Britain community
- **College/ Career:** How to choose a college, choosing a major, study skills. Who to talk to

May:

- Post Surveys & House of Teens reflections
 - End of year Trip (5/9/20)
 - Teens in Memorial Day Parade

Monthly Activity Themes:

- **Photo Voice:** Continue presenting to various audiences in New Britain community and reflect on the year.
- **College/ Career:** Recap/ reflect on entire program year, assist seniors with anything they need for college/ career are graduation.

June:

- Program ends first week of June
- NBHS Graduation
- Satellite Careers Academy Graduation