**House of Teens Syllabus 2019-2020**

**Curriculum used throughout the year:** Bright Futures, Junior Achievement and Photo Voice

**Mondays & Wednesdays:** Fitness/Wellness activities

**Tuesdays & Thursdays:** College/Career Development

**Fridays (Fun Friday):** Youth led activities (a different teen facilitates an activity each week)

**Monthly Guests/Enrichment Activities:**

- Monthly visit from CHC on anxiety, depression and any issues regarding mental health
- Weekly Planned Parenthood visits
- College/Career Readiness 2x a week
- Wellness Wednesdays w/YWCA Trainer
- Weekly Photovoice
- Monthly or bimonthly visits to CCSU women center

**September:**

- Participant Recruitment @ New Britain High School & Satellite Careers Academy
- Lesson planning
- Set up and coordinate with guests from Community Health Center (CHC), CCSU, Planned Parenthood (PP), Prudence Crandall, etc.
- Program start date: 9/24/19

**October:**

**Hispanic Heritage Month!**

**Domestic Violence Awareness Month!**

- Icebreakers, getting to know each other, Teambuilding & pre-surveys
- Introduce photo voice and begin brainstorming

**Special Events:**

- Foster Farms Trip (10/18/19)
- Lights On Afterschool (10/23/19)
- YWCA Week without Violence
- Walk of No Shame at CCSU
- Monthly CCSU Women Center Visit

**Community Service & Fundraisers:**

- Teens provide assistance for Fall Fest set up with Valerie and Cupcake Sale
- Coordinate and recruit CCSU tutors and mentors for teens
November

- Special Events:
  - Friendsgiving @ Community Center
  - Roller Magic Field Trip (11/15/19)
  - Hartford Stage for select students only (A Christmas Carol)

- Community Service & Fundraisers:
  - Hat & Mitten Drive
  - Make holiday wreath for mayor's office

- Monthly Activity Themes:
  - Photo Voice: Introduction to new program participants & select photo voice theme
  - College/ Career: Character Development (Identifying skills & values, Strengths)

- Days Off:
  - Veterans Day (11/11/19)
  - Election Day
  - Thanksgiving Break (11/27-11/29)

December

- Early Dismissal (Parent/Teacher Conference) 12/9, 12/10 & 12/11
- Winter Break Off 12/20-12/31

- Community Service/ Fundraisers:
  - Donate items from Hat & mitten drive
  - Holiday Gift Wrapping
  - 5 Below Fundraiser

- Monthly Activity Themes:
  - Photo Voice: review and select photos
  - College/ Career: Begin resume building & mock interviews, how to choose a college

January

Start Date → 1/6/2020

- Flight Trampoline Park Trip (1/17/20)
- Vision Boards, Future Goals (academic & nonacademic)
- End Period Poverty Campaign
- Begin planning annual pasta dinner fundraiser

- Monthly Activity Themes:

  → **Photo Voice**: create presentation, begin practicing

  → **College/ Career**: What is your brand/niche, public speaking, communication

  **February:**

  → **Black History Month!**

- No Program on President’s Day

  → Galantine’s Day Party (2/14/20)

  → Fundraiser: Bake Sale

  → SACS guest speaker (Healthy vs. Unhealthy relationships)

- Monthly Activity Themes:

  → **Photo Voice**: Practice photo voice presentation, choose audience to present in community

  → **College/ Career**: Job categories, requirement for various fields, Aptitude Test

  **March**

  → **Women’s History Month!**

- Special Events:

  → Annual STRIVE & Teens Sleepover

  → Musical at NBHS

Fundraisers:

→ Pasta Luncheon @ YWCA Community Center

**Monthly Activity Themes:**

→ **Photo Voice**: Present to various audiences in New Britain community

→ **College/ Career**: College/ Career Jeopardy, job applications, resume, dress code, practice for interviews

→ Women’s History Activities (Q&A Famous Women Game, Women Silhouette Canvas)
April

**Sexual Assault Awareness Month**

- Annual Career Day Panel
- Assist with college applications
- Assist with preparing for summer job applications
- Spring Break: 4/13 - 4/17
- NYC field trip over spring break
- College Campus Tours over break (CCSU, ECSU, UCONN, Southern, CCC)
- Annual Community Center Block Party

Monthly Activity Themes:

-> **Photo Voice**: Continue presenting to various audiences in New Britain community

-> **College/Career**: How to choose a college, choosing a major, study skills. Who to talk to

May:

- Post Surveys & House of Teens reflections
  - End of year Trip (5/9/20)
  - Teens in Memorial Day Parade

Monthly Activity Themes:

-> **Photo Voice**: Continue presenting to various audiences in New Britain community and reflect on the year.

-> **College/Career**: Recap/reflect on entire program year, assist seniors with anything they need for college/career as graduation.

June:

- Program ends first week of June
- NBHS Graduation
- Satellite Careers Academy Graduation